



EXECUTIVE BIOGRAPHY

Cynthia Cooper Spigel CFP®, JD, CRCP



As a certified coach, CFP® professional, and licensed attorney, Cynthia Cooper Spigel puts great effort into making sure every business she works with is organized, focused, efficient, committed to each other, and most importantly, committed to their clients. As a self-described “effective implementer” she prides herself on her ability to simplify the complicated, solve the chaos or clutter, and make it all happen. Cynthia’s background prior to launching her own business includes over 10 years with Northwestern Mutual, where she held a variety of leadership positions involving supervision, growth, and financial advising. Her time within the different facets of the company allowed her to gain a unique perspective which she uses to maximize her impact.

In her own practice, Cynthia focuses on opportunities to collaborate and partner with wealth advisors in a variety of ways. Whether a team is experiencing a transition or simply hoping to get organized and improve institutional value, she is committed to a process to gain deep understanding and to design a customized engagement for as brief or as long as mutually desired. She lends her skills and strategic thinking to many elements of the business-institutionalizing the operation, growing & managing people, creating a distinctive client experience, and designing a structure for consistent progress, to name a few. Cynthia’s clients can expect a knowledgeable professional who steps into their business eager to learn and to move their vision forward with the greatest impact and in a manner that makes sense for their unique needs.

A lifelong resident of Dallas, Cynthia earned her bachelor’s degree in communication from Southwestern University, followed by a J.D. from Texas Wesleyan University School of Law. Each position held throughout her career has given her more experience and more tools to better help her inspire others to think more strategically and to execute more effectively. She and her husband, Dr. Joseph Spigel, an area physician, are both passionate about fitness, fine wines, and taking cruises whenever possible. She’s also a fan of music and has rediscovered a passion for photography.